Incredible Years Dina Classroom 2012-2013 Outcomes Summary

Population Characteristics: The Pennsylvania Commission on Crime and Delinquency provided funds to support seven Incredible Years Providers in 2012-2013. The program was implemented in eleven counties; Adams, Allegheny, Bedford, Cambria, Dauphin, Fulton, Lackawanna, Lancaster, Somerset, Washington, and Westmoreland. Not all of these providers implemented Dina Classroom model.

Description of the Targeted Risk and Protective Factors:
- Poor Academic Performance
- Favorable Attitudes Towards Antisocial Behavior
- Peer Rewards for Antisocial Behavior
- School Opportunities for Prosocial Involvement
- School Rewards for Prosocial Involvement

Model Fidelity: The goal is to observe 20 percent of the sessions taught to assess model fidelity. For the Incredible Years “Minimum Fidelity” is defined as having conducted at least 75 percent of the program as designed by the developer.

Incredible Years Outcomes

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<th>Decreased Antisocial Behavior</th>
<th>Improved Concentration/Attention</th>
<th>Increased Emotional Competence</th>
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<tbody>
<tr>
<td>Youth with Improvements (Out of 1351 Surveys)</td>
<td>46%</td>
<td>49%</td>
<td>51%</td>
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IYS Dina Classroom surveys were completed by facilitators during the first and last sessions of the program.

Total Number of Youth With Complete Pre and Post: 1351 youth out of 1559 served, or 87% percent had pre/post measures completed by their teacher.

Why is Model Fidelity important?

“Evidence Based” programs are proven to get high quality outcomes for youth, families, and communities. However, these programs only predictably produce quality outcomes when they are implemented as they were designed by the researchers who developed them, with fidelity to the model.