Incredible Years Dinosaur School 2013-2014 Outcomes Summary

**Population Characteristics:** The Pennsylvania Commission on Crime and Delinquency provided funds to support one Incredible Years Dinosaur Classroom Provider in 2013-2014. This universal prevention program was implemented in schools in three counties; Bedford, Fulton, and Somerset.

**Targeted Risk and Protective Factors:**
- Poor Academic Performance
- Favorable Attitudes Towards Antisocial Behavior
- Peer Rewards for Antisocial Behavior
- School Opportunities for Prosocial Involvement
- School Rewards for Prosocial Involvement

**Model Fidelity:** The goal is to observe 20 percent of the sessions taught to assess model fidelity. For the Incredible Years “Minimum Fidelity” is defined as having conducted at least 75 percent of the program as designed by the developer.

**Sessions Observed: 53**

**Why is Model Fidelity important?**

“Evidence-based” programs are proven to get high quality outcomes for youth, families, and communities. However, these programs only predictably produce quality outcomes when they are implemented as they were designed by the researchers who developed them, with fidelity to the model.

Incredible Years Dinosaur School Outcomes for 516 Youth Assessed

**IYS Surveys:** IYS Dinosaur School surveys were completed by facilitators during the first and last sessions of the program.

**Total Number of Youth With Complete Pre and Post:** 516 youth out of 526 served, or 98 percent had pre/post measures completed by their teacher.

<table>
<thead>
<tr>
<th>Youth with Improvements Out of 516 Surveys</th>
<th>Decreased Antisocial Behavior</th>
<th>Improved Concentration/Attention</th>
<th>Increased Emotional Competence</th>
</tr>
</thead>
<tbody>
<tr>
<td>248</td>
<td>48%</td>
<td>263</td>
<td>52%</td>
</tr>
</tbody>
</table>

The EPISCenter represents a collaborative partnership between the Pennsylvania Commission on Crime and Delinquency (PCCD), and the Prevention Research Center, College of Health and Human Development, Penn State University. The EPISCenter is funded by PCCD and the Department of Public Welfare. This resource was developed by the EPISCenter through PCCD grant VP-ST-24368.