### Incredible Years Small Group 2013-2014 Outcomes Summary

#### Population Characteristics:
The Pennsylvania Commission on Crime and Delinquency provided funds to support four Incredible Years Small Group Therapy Providers in 2013-2014. The program was implemented in ten counties; Adams, Allegheny, Bedford, Cumberland, Dauphin, Fulton, Lancaster, Somerset, Washington, and Westmoreland.

#### Targeted Risk and Protective Factors For Youth:
- Poor Academic Performance
- Favorable Attitudes Towards Antisocial Behavior
- Peer Rewards for Antisocial Behavior
- Opportunities for Prosocial Involvement
- Rewards for Prosocial Involvement

#### Model Fidelity:
The goal is to observe 20 percent of the sessions taught to assess model fidelity. For the Incredible Years “Minimum Fidelity” is defined as having conducted at least 75 percent of the program as designed by the developer.

#### Sessions Observed: 52
- Youth Served: 271
- 79% Completed the Program

#### Why is Model Fidelity important?
“Evidence-based” programs are proven to get high quality outcomes for youth, families, and communities. However, these programs only predictably produce quality outcomes when they are implemented as they were designed by the researchers who developed them, with fidelity to the model.

#### IYS Small Group Outcomes

- **Youth with Improvements Out of 206 Assessed**
  - Decreased Antisocial Behavior: 157
  - Improved Concentration & Attention: 155
  - Increased Emotional Competence: 162

#### IYS Surveys:
IYS Small group surveys are completed by teachers or parents before the first and after the last sessions of the program.

#### Total Number of Youth With Complete Pre and Post:
206 youth out of 271 served, or 76 percent had pre/post measures completed by the small group facilitator or a parent.

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