TND
POST-TEST
(HIGH SCHOOL)

Adapted by the EPISCenter from the University of Southern California Student Survey for use by PCCD funded Project TND programs

Student’s name should not be written on this form. Please use Attendance Tracking and Coding form to assign codes for matching pre/post measures.

(1) STUDENT SURVEY CODE: __________

(2) CONFIRM CODE: __________

(3) SCHOOL NAME: __________

(4) BIRTH DATE: _______ - _______ - _______
   MONTH    DAY    YEAR

(5) AGE: ______

(6) GENDER: _____ _____
   M   F

THINGS TO REMEMBER:

• Read each question carefully.
• Circle only one letter for each question, unless the question asks for more than one answer.
• Raise your hand when you have questions, or if there are any words you don’t understand.
• When you finish this survey, turn it over and sit quietly until the rest of the class finishes.
7. Which of the following is NOT an effective communication skill?
   a. Acknowledge what the speaker is saying by nodding, eye-contact, etc
   b. Make sure verbal and nonverbal messages match
   c. Look at the speaker and pay attention to what he or she is saying
   d. Plan your next statement while the speaker is talking

8. An open mind means you are...
   a. Liberal in your thinking
   b. Able to express your attitudes
   c. Willing to listen to other people’s view points

9. What percent of students use LSD weekly?
   a. 1%
   b. 4%
   c. 26%

10. What is a self-fulfilling prophecy?
    a. Becoming what others expect by believing their judgments
    b. Doing what you want to do
    c. Finally achieving your goals

11. Which of the following is NOT a myth of drug use?
    a. Drugs help people establish friendships
    b. People often argue and fight more when using drugs
    c. Drug use indicates personal independence

12. "Reinterpretation" of drug use consequences means...
    a. Making negative drug use consequences seem positive
    b. Ignoring one’s own physical injury from one’s drug use
    c. Blaming others for one’s own drug use
    d. Ignoring how one’s drug use affects others
13. Difficulty concentrating, urges, sometimes sweating, irritability and restlessness are signs of what?
   a. Tolerance  
   b. Denial  
   c. Withdrawal

14. Why might a person in a family affected by drug use feel that he or she must overachieve?
   a. To mask his/her true feelings  
   b. To prove to the world that his/her family is okay  
   c. To make himself/herself invisible  
   d. To achieve personal goals

15. What is the best thing to do to support someone who has a drug problem?
   a. Ignore them  
   b. Stop enabling them  
   c. Lecture them  
   d. Turn them in

16. Which of the following areas of your life may suffer due to marijuana abuse?
   a. Emotional  
   b. Social  
   c. Physical  
   d. All of the above

17. In terms of damage to the lining of your lungs, two joints are equivalent to how many cigarettes?
   a. 1-5  
   b. 10-15  
   c. 20-25

18. Which of the following is a good way to deal with tobacco use withdrawal symptoms?
   a. Only take a couple of puffs of a cigarette  
   b. Smoke marijuana instead  
   c. Drink water  
   d. Use snuff or chewing tobacco instead
19. What is the third leading cause of preventable death?
   a. Accidents
   b. Passive smoking
   c. Alcohol use
   d. Heroin use

20. How many known or suspected cancer-causing substances have been found in tobacco smoke?
   a. 1-5
   b. 6-10
   c. More than 10

21. What does “COPE” stand for?
   a. Compulsive – obsessive personal evaluation
   b. Consider lifestyle alternatives, others support, problem solving, esteem building
   c. Consider pros and cons, be open to options, place values on options, put effort into following through with decisions

22. Does drug use cause stress?
   a. Yes
   b. No

23. Laughing at a funeral is an example of...
   a. Stereotyping
   b. Being assertive
   c. Bad timing
   d. Dealing with stress

24. What are the consequences of having negative thoughts?
   a. We have negative experiences
   b. There are no consequences

25. Does drug use lead to negative thinking?
   a. Yes
   b. No, negative thinking leads to drug use but not the other way around
26. **What does it mean to have a radical view?**
   a. Maintaining the status quo
   b. Challenging the status quo
   c. A combination of both (A and B)

27. **A traditional view on gun control would be….**
   a. Everyone should have the right to carry any type of gun anytime they want
   b. Only police officers should be allowed to carry guns
   c. Guns should be outlawed

28. **What is brainstorming?**
   a. Making lists of ideas without judging them
   b. Comparing the pros and cons of a decision
   c. When your head is full of ideas and you cannot make a decision
   d. Cut the message into elements

Continued On Next Page
29. How likely is it that you will use this drug in the next year (12 months)? Put a check in a box to indicate your answer for each drug.

<table>
<thead>
<tr>
<th>Drug Description</th>
<th>definitely not</th>
<th>probably not</th>
<th>a little likely</th>
<th>somewhat likely</th>
<th>very likely</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Cigarettes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>b. Alcohol</td>
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<td></td>
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<tr>
<td>c. Marijuana (Weed)</td>
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<td></td>
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<tr>
<td>d. Cocaine (Crack)</td>
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<td>e. Hallucinogens (LSD, Acid, Mushrooms)</td>
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<td>f. Stimulants (Ice, Speed, Amphetamines)</td>
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<tr>
<td>g. Inhalants (Rush, Nitrous)</td>
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<tr>
<td>h. Other (Depressants, PCP, Steroids, Heroin, etc.)</td>
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</tbody>
</table>
PLEASE TAKE A MINUTE TO THINK ABOUT THE PROJECT TND DRUG PREVENTION LESSONS. THINK ABOUT TOPICS AND ACTIVITIES THAT YOU DID EACH DAY. Please choose the number that best indicates your general thoughts and feelings about the class for each item.

30. Overall, did you find the topics and activities in Project TND...

<table>
<thead>
<tr>
<th>Boring</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>Interesting</th>
</tr>
</thead>
</table>

31. Overall, did you find the topics and activities in Project TND...

<table>
<thead>
<tr>
<th>A waste of time</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>Useful</th>
</tr>
</thead>
</table>

32. Overall, did you find the topics and activities in Project TND...

<table>
<thead>
<tr>
<th>Difficult to Understand</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>Easy to Understand</th>
</tr>
</thead>
</table>

33. Overall, did you find the topics and activities in Project TND...

<table>
<thead>
<tr>
<th>Poorly-organized</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>Well-organized</th>
</tr>
</thead>
</table>

THIS IS THE END OF THE SURVEY.
THANK YOU VERY MUCH FOR PARTICIPATING.