Incredible Years Basic Parenting 2012-2013 Outcomes Summary

**Population Characteristics:** The Pennsylvania Commission on Crime and Delinquency provided funds to support **seven Incredible Years Providers** in 2012-2013. The program was implemented in eleven counties; Adams, Allegheny, Bedford, Cambria, Dauphin, Fulton, Lackawanna, Lancaster, Somerset, Washington, and Westmoreland.

**Description of the Targeted Risk and Protective Factors:**
- Poor Family Management
- Family Conflict
- Family History of Antisocial Behavior
- Family Attachment
- Family Opportunities for Prosocial Involvement
- Family Rewards for Prosocial Involvement

**Model Fidelity:** The goal is to observe 20 percent of the sessions taught to assess model fidelity. For the Incredible Years “Minimum Fidelity” is defined as having conducted at least 75 percent of the program as designed by the developer.

**Sessions Observed:** 78

Why is **Model Fidelity** important?

“Evidence Based” programs are proven to get high quality outcomes for youth, families, and communities. However, these programs only predictably produce quality outcomes when they are implemented as they were designed by the researchers who developed them, with **fidelity to the model**.

**Incredible Years Outcomes**

<table>
<thead>
<tr>
<th>IYS Basic Parent Group Outcomes</th>
<th>Parents</th>
<th>Decreased Harsh Discipline</th>
<th>Decreased Inconsistent Discipline</th>
<th>Increased Appropriate Discipline</th>
<th>Increased Positive Parenting</th>
<th>Increased Clear Expectations</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>250</td>
<td>200</td>
<td>150</td>
<td>100</td>
<td>50</td>
</tr>
<tr>
<td><strong>Parents with Improvements</strong></td>
<td></td>
<td>222</td>
<td>156</td>
<td>189</td>
<td>208</td>
<td>178</td>
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<td>Out of 257 Surveyed</td>
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**IYS Surveys:** IYS Basic surveys are completed by parents during the first and last sessions of the program.

**Total Number of Parents Completing Pre and Post:** 257 Parents out of 349 served, or 74 percent completed pre/post measures.