Incredible Years Small Group 2012-2013 Outcomes Summary

**Population Characteristics:** The Pennsylvania Commission on Crime and Delinquency provided funds to support seven Incredible Years Providers in 2012-2013. The program was implemented in eleven counties; Adams, Allegheny, Bedford, Cambria, Dauphin, Fulton, Lackawanna, Lancaster, Somerset, Washington, and Westmoreland.

**Description of the Targeted Risk and Protective Factors:**
- Poor Academic Performance
- Favorable Attitudes Towards Antisocial Behavior
- Peer Rewards for Antisocial Behavior
- School Opportunities for Prosocial Involvement
- School Rewards for Prosocial Involvement

**Model Fidelity:** The goal is to observe 20 percent of the sessions taught to assess model fidelity. For the Incredible Years “Minimum Fidelity” is defined as having conducted at least 75 percent of the program as designed by the developer.

**Sessions Observed:** 24

**Why is Model Fidelity important?**

“Evidence Based” programs are proven to get high quality outcomes for youth, families, and communities. However, these programs only predictably produce quality outcomes when they are implemented as they were designed by the researchers who developed them, with fidelity to the model.

**Incredible Years Outcomes**

<table>
<thead>
<tr>
<th>Youth</th>
<th>Decreased Antisocial Behavior</th>
<th>Improved Concentration/Attention</th>
<th>Increased Emotional Competence</th>
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</thead>
<tbody>
<tr>
<td>61%</td>
<td>73%</td>
<td>75%</td>
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</tr>
<tr>
<td>102</td>
<td>122</td>
<td>125</td>
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</tbody>
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**IYS Surveys:** IYS Small group surveys were completed by facilitators during the first and last sessions of the program.

**Total Number of Youth With Complete Pre and Post:** 167 Parents out of 197 served, or 75 percent completed