Strong African American Families (SAAF) Adoption and Implementation Logic Model

Problem Statement: African American youth are disproportionately affected by the long-term outcomes of poverty, limited neighborhood resources, and crime.

Goal: To provide a quality prevention program to foster resilience among African American youth and prepare them to avoid the negative consequences associated with poverty and exposure to negative community influences.

Rationales

Families benefit from culturally specific programming

From the ecological perspective, youth are influenced by multiple factors (positive and negative) in their environment.

The promotion of parenting competencies contributes to a home environment that allows youth to feel comfortable talking about challenges at school and in communities.

The promotion of youth competencies prepares them to avoid risk behavior in their schools and communities.

Youths' ability to identify and associate with friends who represent positive peer prototypes can help them avoid situations involving risk.

Resources / Inputs

Support from target community.

Identification of the target population.

Implementation target dates (e.g., 12-month calendar).

Quality facilitators to be trained.

CFR sponsored SAAF Facilitator training.

SAAF implementation materials.

Recruitment and engagement plan.

Start-up and subsequent implementation budgets.

Funding to support the program.

Location for implementation.

Evaluation tools for specified SAAF outcomes.

Technical support from CFR.

Activities

Coordinate logistics for the SAAF facilitator training.

Utilize available protocols (reminder tools, meals, childcare, and transportation).

Print and organize curriculum materials.

Implement SAAF with fidelity to the curriculum content.

Implement SAAF according SAAF Core Values.

Utilize technical support.

Outputs

Certified SAAF facilitators.

Implemented SAAF with fidelity (target 75%).

Obtained favorable participant satisfaction ratings (target 80%).

Achieved satisfactory levels of program attendance (e.g., 75% of those recruited attend 5 or more sessions - based on youth attendance).

Immediate Outcomes

Host agency maintains working relationships with target community and related agencies.

PC increased efficacy for involved-vigilant parenting.

Youth increased efficacy for risk avoidance skills.

PC increased awareness of youth norms.

Youth increased assertiveness.

Youth increases acceptance of parental influences.

Short-Term Outcomes

Youth-PC improved communication.

PC improved monitoring.

PC improved racial socialization.

Youth decrease in behavior problems.

Youth involvement with positive peers.

Long-term Outcomes

Youth avoid substance use.

Fewer youth behavior problems.

Warm, communicative youth caregiver relationship.

Agencies may have additional outcomes (e.g., increase graduation rates, decrease disproportionate minority contact rates, increase parental engagement).

Assumptions

Caregivers want to see youth succeed.

With solid support, guidance, monitoring, and skill-building youth can succeed regardless of contextual challenges.

Youth who have goals and plans for achieving them, coupled by a supportive and structured environment, are more likely to avoid risk behavior as compared to youth who do not have these resources.