*If lesson split over multiple days, enter the average number of students attending over both days*

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **LifeSkills® Training – Level 1 Tracking Form** | | | | | | | | | | **Number of Students Attending Session** | | | | | | | | | | | | | | |
|  | School - Grade | Class Period or Classroom | Class Roster | Facilitator(s) | Facilitator Category\* | Start Date | End Date | Pre-Survey Date | Post-Survey Date | 1.01 Self-Image & Self Improvement | 1.02 Making Decision | 1.03 Smoking Myths & Realities | 1.04 Smoking & Biofeedback | 1.05 Marijuana Myths & Realities | 1.06 Alcohol Myths & Realities | 1.07 Advertising | 1.08 Violence and the Media | 1.09 Coping with Anxiety | 1.10 Coping with Anger | 1.11 Communication Skills | 1.12 Social Skills | 1.13 Assertiveness | 1.14 Resolving Conflicts | Prescription Drug Module | |
| 1. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 2. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 3. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 4. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 5. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 6. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 7. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 8. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 9. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 10. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 11. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 12. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 13. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |

*Include explanations for any lesson adaptations, lessons split over multiple days, different categories for multiple facilitators, and any other notes relating to implementation.*

**LifeSkills® Training – Level 1**

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|  | Level 1: Comments (align rows with Tracking Form) |
| 1. |  |
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*If lesson split over multiple days, enter the average number of students attending over both days*

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | **LifekSkills® Training – Level 2 Tracking Form** | | | | | | | | | **Number of Students Attending Session** | | | | | | | | | | | |
|  | School - Grade | Class Period or Classroom | Class Roster | Facilitator(s) | Facilitator Category | Start Date | End Date | Pre-Survey Date | Post-Survey Date | 2.01 Drug Abuse & Violence: Causes and Effects | 2.02 Making Decision | 2.03 Media Influences | 2.04 Coping with Anxiety | 2.05 Coping with Anger | 2.06 Communication Skills | 2.07 Social Skills | 2.08 Assertiveness | 2.09 Resolving Conflicts | 2.10 Resisting Peer Pressure | Prescription Drug Module |
| 1. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 10. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 12. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

*Include explanations for any lesson adaptations, lessons split over multiple days, different categories for multiple facilitators, and any other notes relating to implementation.*

**LifeSkills® Training – Level 2**

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|  | Level 2: Comments (align rows with Tracking Form) |
| 1. |  |
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| 12. |  |
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*If lesson split over multiple days, enter the average number of students attending over both days*

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | **LifekSkills® Training – Level 3 Tracking Form** | | | | | | | | | | **Number of Students Attending Session** | | | | | | | | | | |
|  | School - Grade | Class Period or Classroom | Class Roster | Facilitator(s) | Facilitator Category | Start Date | End Date | Pre-Survey Date | Post-Survey Date | 3.01 Drug Abuse: Causes and Effects | | 3.02 Making Decision | 3.03 Media Influences | 3.04 Coping with Anxiety | 3.05 Coping with Anger | 3.06 Social Skills | 3.07 Assertiveness | 3.08 Resolving Conflicts | 3.09 Resisting Peer Pressure | Prescription Drug Module |
| 1. |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |  |
| 2. |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |  |
| 4. |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |  |
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| 10. |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |  |
| 11. |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |  |
| 12. |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |  |
| 13. |  |  |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |  |  |  |

**LifeSkills® Training – Level 3**

*Include explanations for any lesson adaptations, lessons split over multiple days, different categories for multiple facilitators, and any other notes relating to implementation.*

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|  | Level 3: Comments (align rows with Tracking Form) |
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